December Birthdays

Tom Adam, 65
Valjean Adams, 75
Kah Sing Ang, 80
Donna Asif, 80
Emilio (Mel) Augustine, 70
Rand Horton, 80
Patelope Bruer, 51
Maria Budner, 80
Arnette Burg, 75
Eileen Candalaria, 74
Nancy Chia, 70
Prospero Ciascio, 65
Barbara Close, 80
Frank Correia, 80

December 2017

Congratulations to the above individuals on their December Birthdays. Join us to celebrate their birthdays on Friday, December 15, 4:00 pm, when we will be also hosting our Annual Holiday Dinner. Enjoy a fabulous holiday dinner, fun games and win valuable prizes. After-dinner entertainment includes a presentation by our Albany Holiday Chorus, Line Dancers and much more. Cost is $5, prepaid. Seniors with a December birthday can come and eat free. Space limited. Early sign up at the Front Desk is highly recommended.

A Big change is happening in FOAS! As of December 4th, I’m stepping down as President of FOAS, and 1st Vice President Harry Schreyvogel will take over as President. Margie Carr will become Vice President. There will be no 2nd Vice President until the June election. It has been a pleasure serving as your president and I personally thank everyone for their help and support to make FOAS great.

Well, that’s all for now.

From the Desk of ASC Supervisor—Sid Schoenfeld

Happy Holiday Season to All!

This year, these holidays are somewhat bitter sweet. I’m sure you know by now that this will be the last FOAS-sponsored Booster News. Beginning January 2018, the staff at the Senior Center will be publishing our monthly newsletter (name coming soon). Words cannot describe how grateful our community is to the entire FOAS organization for being the “pulse” of our Senior Center. Keeping the community up to date on events and programs with stories, pictures, and so much more. A special thank you to Zion Lee, the Booster News Editor for many years. Zion has put his heart, soul and countless hours into this monthly publication for you to enjoy. Next time you see Zion, please share your appreciation. It will be a tough act to follow, but we’ll give it our best effort to keep you up to date on issues that will enhance your quality of life. Please stay active, healthy and independent! Thank you for your continued support. We hope that everyone has a happy holiday season.

Editor’s Note

By Zion Lee

FOAS President

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Bill Decker

FOAS President
### December 2017 Calendar

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
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<tbody>
<tr>
<td>9am Gentle Yoga $7/$8 <strong>ACC</strong></td>
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<tr>
<td>9am Needlecraft $1</td>
<td>9am Art Social $1</td>
<td>9am Papier Mache $1</td>
<td>9am Art Social $1</td>
<td>9am Rosen Movement $9/$10</td>
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<tr>
<td>10:30am Gentle Tai Chi $3/$4 <strong>ACC</strong></td>
<td>10:30am Gentle Tai Chi $3/$4 <strong>ACC</strong></td>
<td>11am Fitness into the Golden Ages $15/$17</td>
<td>10:30am Gentle Tai Chi $3/$4 <strong>ACC</strong></td>
<td>11am French Social $12pm Bridge Social $1</td>
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<tr>
<td>1:45pm Beginner Line Dance $2/$3</td>
<td>11am Travel Troupe: A Christmas Carol</td>
<td>2pm Mahjong/Games $1</td>
<td>12pm Fiction Writing $10/$115</td>
<td>2pm Fiction Writing $10/$115</td>
</tr>
<tr>
<td>1:45pm Rosen Movement $8/$9</td>
<td>1pm-3pm Mahjong/Games $1</td>
<td>2pm Beginner Line Dance $2/$3</td>
<td>(9/15-12/15)</td>
<td>(9/15-12/15)</td>
</tr>
<tr>
<td>12pm Beginning Japanese $1</td>
<td>12pm Beginning Japanese $1</td>
<td>4pm Dinner</td>
<td>4pm Dinner</td>
<td>4pm Dinner - No Dinner 12/22</td>
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<tr>
<td>4pm Dinner</td>
<td>1:45pm iPad Partners for Beginners $1</td>
<td>4pm Dinner</td>
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<tr>
<td>6pm Basic Drawing $30/$40 (11/6)</td>
<td>1:30pm Beginner Line Dance $2/$3</td>
<td>1pm-3pm Mahjong/Games $1</td>
<td>12pm Fiction Writing $10/$115</td>
<td>2pm Fiction Writing $10/$115</td>
</tr>
<tr>
<td>3pm Sing Along $1</td>
<td>1:30pm Beginner Line Dance $2/$3</td>
<td>1pm-3pm Mahjong/Games $1</td>
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**Notes:**
- **HOLIDAY CENTER CLOSED**
- **CENTER Closes at Noon**
- **TRAVEL TROUPE REGISTRATION/LUNCH**
- **FOAS HOLIDAY MARKET**
- **9:30am Brown Bag**
- **9AM-2PM**

**Highlights of December Activities:**
- **Saturday, December 2, 9am-2pm: Holiday Market.** Find great bargains on Holiday items, White Elephants, and Baked Goods by FOAS.
- **Friday, December 8, 12pm:** Travel Troupe Registration & Free Lunch.
- **Friday, December 15, 4pm:** Holiday Dinner and Birthday Party. Enjoy a festive dinner with friends at the Senior Center. Performance by the Albany Chorus & Line Dancers. Games and Prizes. $5 Donation. Early sign up recommended.

**Brown Bag:** Distributes grocery bags of food. $10/year.

**Nutritious Dinner:** Daily at 4pm. Suggested donation $4. Join us for a special Ice cream Sundae on the 2nd Tuesday of each month.

**Shopping:** The Senior Center Community Shuttle provides door-to-door shopping trips to Albany residents age 60+. Monday trips are open to non-residents (p-u at the Senior Center). Registration required and suggested annual donation of $20.

**HICAP:** 3rd Friday of the month. Free objective info and counseling about Medicare. Call 839-0393 for free appointment.

**Taxi Ride Subsidy:** For Albany residents 80+ & residents w/disabilities 18+. Registration required.

**Meals on Wheels:** 7 meals/week, delivered 4 days to homebound seniors. Registration required.

**Info, Resource Referrals & Form Completion Assistance:** Up-to-date info on services and form completion assistance provided by staff. By appointment only.

**Just-for-the-fun-of-it-social Needlecraft, movie art, French, Pet Lover’s, Japanese,Mandarin & Bridge:** Friday, 12:30pm. Fee $1. Drop-in.

**Ping-Pong Pop Ups (See Calendar).**

**Thursday Games (Mahjong):** Fee $1. Drop in.

**Tuesday Movies:** Showtime at 1:30pm, unless noted otherwise. Fee $1. Drop in.

**Sing-along:** Mondays, 2:50-3:30pm $1. Drop-in.

**Day Trips & Walking Trips:** Registration required.

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**Albany Senior Center is partially funded by the Alameda County Agency on Aging.**